



# External confidential advising office

**We offer unbiased, competent guidance in cases of suspected bullying, sexual harassment and discrimination**

Are you experiencing harassment, bullying, or disparaging behavior in the workplace?

If so, get in touch with us - your employer's external confidential advising office. In a safe and confidential environment, we can help you sort out your thoughts, discuss your experiences in detail, and plan the next steps. We will listen to you, analyze the situation together, and identify possible solutions. The decision on how to proceed is always yours.

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[fachstelle-mobbing.ch/erstberatung-en](https://fachstelle-mobbing.ch/erstberatung-en)  
[info@fachstelle-mobbing.ch](mailto:info@fachstelle-mobbing.ch)

## You can rely on our expertise



You can make an appointment online or by phone.



The session can be held in person, over the phone or online via video call.



We are subject to an obligation of confidentiality.



The consultation is free of charge for you.



**fachstelle mobbing und belästigung** **gutes arbeitsklima**