

New to Rüşchlikon?  
Or in search of something new?



# RECREATION IN RÜSCHLIKON

A GUIDE TO LOCAL CLUBS,  
ASSOCIATIONS AND ACTIVITIES



Activities are listed alphabetically in each section

## COMMUNITY

### **Café International**

Café International is a place for everyone to meet, network and exchange ideas! The meeting place thrives on the impulses of visitors and volunteers. Drinks and homemade cakes are offered every thursday from 3pm and a delicious evening meal is served from 6pm onwards. Frauenverein (women's Association) Rüschtikon, the reformed and catholic churches of Rüschtikon & the St. Stephanus Foundation are looking forward to your visit!

**Contact:** [www.cafeinternational-rueschlikon.ch](http://www.cafeinternational-rueschlikon.ch)

**TIP** You can always find out what's for dinner at the beginning of the week on our website.



### **Elternverein Rüschtikon (EvR)/Parents Association**

The EvR has been committed to making Rüschtikon more family-friendly since 1977. Through a range of activities for kids, teens and parents, the EvR enables families to meet and become part of the community. Not to be confused with the Parents' Council (institutionalized parental involvement in elementary school). Permanent offers: free toddler playgroup (MuKi-Treff), playgroups, babysitting list and babysitting courses, entertainment for the whole family

**Contact:** [www.elternverein-rueschlikon.ch](http://www.elternverein-rueschlikon.ch)

**TIP** A good way to get to know other families and benefit from great events.



### **Gemeinnütziger Frauenverein (GFR) Charitable Womens' Association**

The GFR nurtures the Rüschtikon community with social events and donates large financial sums each year from the revenue of cake sales and coffee bars to organizations supporting women, children and young people. As the oldest association in Rüschtikon, founded in 1891, it still enjoys a strong reputation and thanks to its committed board and active members, has a vibrant club life.

**Contact:** [www.frauenvereinrueschlikon.ch](http://www.frauenvereinrueschlikon.ch)

**TIP** For two weeks every November, the GFR organizes the candle-making event including a coffee bar at the Oetikergut Rüschtikon, which is popular with young and old alike.



## Zauberhafter Adventsmarkt/Enchanting Christmas Market

Every year pre-Christmas, the Zauberhafter Adventsmarkt Association organizes a wonderful little Christmas market around the Rüschtikon Reformed Church. Glittering lights, Santa Claus, a coffee bar, stories for young and old, plus stalls where individuals and organizations from Rüschtikon and the surrounding area offer lovely crafts. Anyone who wishes to contribute to pre-Christmas joy can take part.

**Contact: Verein Zauberhafter Adventsmarkt, c/o Monika Bertschinger, Wolfgrabenstrasse 15c, 8135 Langnau a. Albis**

- TIP** Children can listen to music and stories in the church.
- TIP** The Parents association (EvR) offers Christmas crafting for children.

## LEISURE

### Atelier Rainbow Tanzkunst (dance school)

Founded in 1997, the renowned school for dance art and body awareness has a strong reputation far beyond Rüschtikon. Classes include classical ballet, modern dance, contemporary jazz, hip-hop and MuKi (mother-child) Dance. The courses are aimed at children from the age of 3, teenagers including pre-professionals and adults. Lessons are taught in German and English. Free trial lessons.

**Contact: [www.art-kunst.ch](http://www.art-kunst.ch)**

- TIP** Every other year, all students take part in a series of elaborate performances open to the public.



### CEVI/Local Chapter of the Swiss YWCA/YMCA

A non-denominational club for children and young people. The groups meet on Saturday afternoons (separated by gender and age) and spend their time doing various activities in the nearby forest.

**Contact: [www.cevi-rueschlikon.ch](http://www.cevi-rueschlikon.ch)**

- TIP** A meaningful activity for children from 1st grade onwards.



# LEISURE

## Ferienkolonieverein/Holiday Home Association

The association manages a holiday home in the Ticino village of Dalpe. The large house can be rented by anyone who is interested.

**Contact:** [www.casa-san-rocco.ch](http://www.casa-san-rocco.ch)

**TIP** The holiday home includes 38 beds and is surrounded by a spacious garden area.



## Jugendarbeit Rüschtikon/Community Youth Services

The "Jugendarbeit" is financed and supported by the community of Rüschtikon. Young people and children from the 4th grade onwards can meet informally and at certain times in the Oetikergut or Jugimoos to chill, listen to music, dance, chat, cook and eat together, play various games and much more. They also have the opportunity to take part in projects or, with support, to set up projects themselves or to contact staff with questions/concerns.

**Contact:** [www.jarü.ch](http://www.jarü.ch)

**TIP** To stay informed and up to date about our offers, follow us on Instagram: [jugendarbeit\\_rueschtikon](https://www.instagram.com/jugendarbeit_rueschtikon).



## Moosgartenverein Rüschtikon/Garden Club

The Moosgartenverein Rüschtikon leases garden plots to interested persons who would like to cultivate their own garden. Preference is given to residents of Rüschtikon. The Moosgartenverein was founded in 1997.

**Contact:** [www.moosgartenverein.ch](http://www.moosgartenverein.ch)

**TIP** The clubhouse can be booked for private events.



## Pfadfinder (Pfadi) (scouts)

Pfadi Chopfholz is aimed at children and young people between the ages of 5 and 16 living in Rüschtikon, Kilchberg and Adliswil. Groups separated by age and gender meet on Saturday afternoons for a wide range of activities. The scouts have their own two scout homes in Rüschtikon and Kilchberg.

**Contact:** [www.pfadichopfholz.ch](http://www.pfadichopfholz.ch)

**TIP** The public, national scouts' day takes place every March, and provides a good first impression of what is on offer.



## Ski-Club Rüschtikon (SSCR)/Ski and Sports Club

The SSCR is one of the oldest clubs in Rüschtikon. We organize social events such as ski weekends, fun events, day trips and sightseeing tours for families as well as for singles. Enthusiastic football players can take part in the "fun football group" once a week.

**Contact:** [www.sscr.ch](http://www.sscr.ch)

**TIP** The SSCR owns a cozy holiday cabin in Arvenbühl-Amden/SG, which can be rented.



## Tanzverein Rüschtikon

The joy of dancing in a lakeside community! The Rüschtikon Dance Club offers dance courses for all levels: beginners, advanced and hobby level. Private lessons and wedding dance classes are also available. Dancing couples benefit from small groups in an easy going atmosphere. Why travel far away? We dance in the Birke dance hall on Säumerstrasse in Rüschtikon.

**Contact:** [www.tanzenrueschtikon.ch](http://www.tanzenrueschtikon.ch)

**TIP** Regular dance training sessions and dance evenings. Club members benefit from discounts on dance training.



# SPORTS

## Fussballclub Rüschtikon-Kilchberg (FCKR) (football, soccer)

Since the merger in 1994, Kilchberg and Rüschtikon have been making history together with FC Kilchberg-Rüschtikon. The football club on the left bank of Lake Zurich is for boys, girls, teenagers, adults and seniors who are enthusiastic about football. There are currently around 25 junior teams, 3 active teams and 2 senior teams. Due to the high demand, there are unfortunately waiting lists for the juniors.

**Contact:** [www.fckr.ch](http://www.fckr.ch)



# SPORTS

## Rhythmische Gymnastik (rhythmic gymnastics)

Die Rhythmische Gymnastik bietet eine wettkampfbetone und leistungsorientierte Weiterentwicklung der Gymnastik mit stark künstlerischer Prägung.

**Contact:** [www.rgrueschlikon.ch](http://www.rgrueschlikon.ch)

**TIP** Even the youngest children can start with rhythmic gymnastics and compete against each other.



## Tennisclub Rüschlikon (TCR)

The Rüschlikon Tennis Club is located in the middle of the Längimoos recreational area and has five sand courts and a beautiful restaurant. On the one hand, TCR emphasizes competition with interregional tournaments and has 14 interclub teams; on the other hand, it is a very family-friendly club that puts great effort into promoting juniors.

**Contact:** [www.tcr.ch](http://www.tcr.ch)

**TIP** Visitors and outside guests are also very welcome in the Italian restaurant with its beautiful garden.



## Tischtennisclub Rüschlikon (table tennis)

Table tennis develops concentration and reaction. It can be played successfully into an advanced age. We do not have a coach, but we do take part in competitions organized by the Eastern Switzerland TT Association.

**TIP** Drop by for an informal training day (Monday and Thursday, from 8 pm in the Moos gym).

## Turnverein Rüschlikon (TvR) (gymnastics)

The program is aimed at all age groups. Floorball for active players (men) takes place on Tuesdays. The female gymnasts meet Mondays for Pilates and Wednesdays for fitness. The meeting point for the not so young women (women's squad) who want to stay fit and do something good for their health is Thursday 9–10 am and 7–8 pm.

For children and young people there is a youth team, equipment gymnastics (for girls), children's gymnastics and parent-child gymnastics.

**Contact:** [www.tv-rueschlikon.ch](http://www.tv-rueschlikon.ch)

**TIP** We don't cut socializing short either.



## Volley Rüşchlikon

Volley Rüşchlikon counts more than 250 active members who play in age groups starting at 5 years to adults and in levels ranging from minis to 1st league. Enjoyment of the game, competitive ambition and involvement in the community are at the forefront of our activities.

**Contact:** [www.volleyrueschlikon.ch](http://www.volleyrueschlikon.ch)

TIP

**Volley Rüşchlikon is one of the most successful clubs in the Zurich region when it comes to pro-moting young talents.**



## CULTURE

### chor rüşchlikon (choir)

Where do you meet cool people from Rüşchlikon? Around 25 choir members and—depending on the project—guests from other choirs meet to sing in the Reformed Church in Rüşchlikon usually on Wednesdays from 7:30pm to 9:30pm. The choir performs at least one concert a year, gives performances at various events and has a broad repertoire from different eras and styles.

**Contact:** [www.chor-rueschlikon.ch](http://www.chor-rueschlikon.ch)

TIP

**Singing makes friends and makes you happy!**



### Jungmusik KRT (young musicians)

Jungmusik KRT (Kilchberg - Rüşchlikon - Thalwil) is an orchestra for young people between the ages of 12 and 25. Wind instruments and percussion are all welcome—drums, trombone, trumpet, saxophone, flute ... The main thing is that it's fun.

**Contact:** [www.jungmusik-krt.ch](http://www.jungmusik-krt.ch)

TIP

**The band currently consists of around 15 young musicians who enjoy practicing their musical hobby together with others.**



# CULTURE

## Kulturüschlikon/Cultural Association

Kulturüschlikon organizes, promotes and coordinates cultural events in Rüschnlikon. All households receive a quarterly cultural agenda with an overview of the events planned for the following months.

Contact: [www.kulturüschlikon.ch](http://www.kulturüschlikon.ch)

TIP

Kulturüschlikon connects people interested in culture and culture professionals. Members benefit from discounts on events.



## Storycraft Studio

Storycraft Studio in Rüschnlikon offers creative courses, parties and holiday camps for children aged 2–12 years. We offer a variety of art and craft classes for different age groups, including painting, clay, craft, sculpture and handicraft classes.

Contact: [www.storycraft.ch](http://www.storycraft.ch)

TIP

Storycraft is also a good opportunity for young children to learn English. The facility can also be hired for private events.



# COMMERCE

## Unternehmervereinigung Rüschnlikon (UVR) Business Association

Around 100 companies and entrepreneurs in Rüschnlikon are members of UVR. The aim is to promote exchange between companies in the community and to provide them with a communication platform in the form of the business newspaper "Gewerbezeitung".

Contact: [www.uvr-rueschlikon.ch](http://www.uvr-rueschlikon.ch)

TIP

Non-profit associations can publish their articles free of charge in the "Gewerbezeitung". It is distributed to all households in the region.



For a more comprehensive listing, please visit [www.rueschlikon.ch](http://www.rueschlikon.ch).